BACKWAY'S PHYSICAL THERAPY, PLLC: INSURANCE CLIENT INFORMATION FORM

Welcome to our Practice! Sorry these forms are lengthy, but they will assist us in fully evaluating your condition and establishing a <u>meaningful</u> treatment plan for <u>you</u>. Please fill them in to the best of your ability.

NAME	AGE	BIRTHDATE	НТ	WT	SEX
ADDRESS					
Phone: Home					
		PROFES			
MARITAL STATUS: S M W D Sep.		ie			
YOUR SOC. SEC.#					
EMERGENCY CONTACT: Name:		Phone	#		
DOCTORS' NAMES & PHONE #					
1 ST Dr.		2 ND Dr.			
Phone #		Phone #			
Have you received any physical therapy, spee		_			
If yes, when?	Ple	ase explain:			
NIGHT ANGE BY ODIA MON					
INSURANCE INFORMATION: ** *Please be sure to bring your insurance.	oo oards and your n	icture ID with you The	law roquires that y	ua aanu tha	+ +
Please fill in the following information as it rela				ve copy ine	:m. ~ ~
HEALTH INSURANCE: (Please write the Ins.				from your	Card.)
Primary Insurance Company Name:		Secondary/Supplement		-	
Insured's Name:		Insured's Name:			
Insured's Date of Birth:		Insured's Date of Birth	1:		
Were you injured on the job? □	Yes D No Is	s this a Workers Co	mpensation C	laim? 🗖	Yes D No
Were you injured in an Auto Aco			•		
If you answered yes to any of these questions, p					
AUTO or WORKERS COMP INSURANCE		with information.			
Ins. Company Name & Address:	· · · · · · · · · · · · · · · · · · ·	Phone #			
		Claim#			
		Claims-person:			
		Place & Date of Accide	ent:		
Is an attorney involved in your case? Yes	□ No. If yes, please	e give us the name, addre	ess & phone numb	er:	
Attorney's Name:		Phone #	-		
Address:		City, State, zip:			
RESPONSIBLE PARTY (If not you, who will					
Name	Rela	tionship To You		7:	
Address	WorkPhone#		Fyt	Zip	
HomePhone# *********************************					
We believe that patients who understan				results. V	Ve respect
your individuality, your rights, and your private and you				D 11 1	-
Please read the following, and sign below.	_				
<u>Financial Responsibility</u> : You are responsibility: You are responsibility.					
on overdue account balances if you miss ma					
Missed Appointments: If you need to					
scheduled appointment. If you cancel late, o					<i>J</i> • • • • • • • • • • • • • • • • • • •
missed-appointment fee.	y :	7 - arranging,	<u> </u>	a	
I have read the two statements above, and under	stand them. I hereby	consent to treatment by	Backway's Physic	al Therapy	,PLLC.
Signed		Pate		1.7	•
© Backway's Physical Therapy, PLLC: Repre	oduce w/nermissio	n only (Undated 12/20	117) (PT: Initial Insu	- rance Forms	Page 1 of 9)

Physical Therapy: Initial Appointment Questionnaire: Present Problems

It is important that you inform us of <u>ALL</u> medical/health conditions at your first appointment, and immediately inform us of any changes in your medical/health condition during your course of treatment.

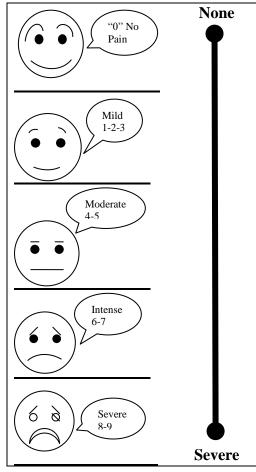
Please answer these questions to the best of your ability. **If something is confusing, leave it blank.**

	on About What Bro							
	What are the main symptoms that bring you to Physical Therapy today?							
	Onset: When did your symptoms begin (most recent flare-up)?							
			vity, or was the onset gradual? your problem (MRI, x-ray, C					
	eatment: Have you hes," please describe	•	tment for these symptoms?					
-	· • —		treatment for these symptoms					
		s Filysical Therapy	treatment for these symptoms	s: 1es No				
-	es," please describe	d any physical tha	wany graadh thawany hama l	hoolth on hooning com				
	= = = = = = = = = = = = = = = = = = =		rapy, speech therapy, home l					
			If yes, when?					
Aggravatıng	g Factors: What active	ities make your syn	nptoms worse?					
Easing Fact	ors: What makes you	r symptoms better?						
Lusing Tuet	ors. What makes you	symptoms better.						
Solf-care: W	That are you currently	doing for self-care	of your symptoms?					
Sch-care. W	mat are you currently	doing for sen-care	or your symptoms:					
Previous Le	vel of Function: Wha	nt were vou able to	do before these symptoms beg	an that you cannot do now?				
		, , , , , , , , , , , , , , , , , , ,	, , ,					
What limits	do you have to set or	n your normal acti	ivities due to this problem?					
Ac	etivity	Any time limits?	Any special modifications?					
Sit	ting							
Mo	ove Sitting to Standing							
Sle	eeping							
Mo	ove Lying to Sitting							
W	orking							
Co	mputer use			use □Laptop? □Desktop?				
Ph	one use			use headset Yes□ No□				
Re	ading			use Bifocals Yes□ No□				
Sp	orts or Fitness							
	iving			□Automatic? □Manual?				
Re	creation (list):							
Goals: What	results do you want f	rom Physical Thera	npy?					
Patient name	:		_ Date: (PT: Init	ial Insurance Forms Page 2 of 9)				

Backway's Physical Therapy Initial Appointment Questionnaire: "0-9" Pain Scale

Please use the following information when rating your pain and answering questions regarding your problem.

Draw an "X" on the vertical line to indicate the intensity of your pain.



<u>Mild Pain</u>: Pain does not interfere with most activities. You may use medication or devices such as cushions.

- **1....Vague Discomfort**: Very light, barely noticeable pain.
- 2....Minor pain: like lightly pinching the webbed tissue at thumb
- **3....Uncomfortable but Tolerable**: Very noticeable pain, like a cut, or an injection, which you can ignore after a while.

<u>Moderate Pain</u>: Pain interferes with many activities & requires lifestyle changes but you remain independent and functional.

- **4....Annoying:** Medium, deep pain, like a toothache or stubbed toe, can't be ignored. You do many activities, but w/pain.
- **5....Very Uncomfortable**: Noticeable pain all the time; you're preoccupied w/managing it; normal lifestyle curtailed.

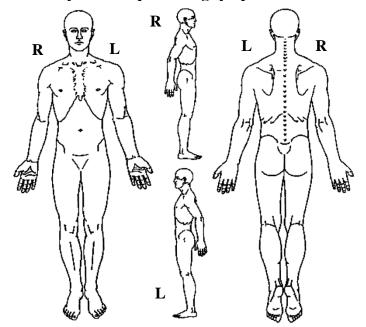
<u>Intense Pain</u>: Pain interferes with your job or normal interactions. You require some assistance to function.

- **6....Distressing or Intense**: Strong pain dominates your thoughts; thinking is sluggish. Work & social life are curtailed.
- **7....Very Intense**: Strong pain causes you to think unclearly 50% of the time. You're partly disabled and need help @ home.

<u>Severe</u>: You are unable to engage in normal activities. You find yourself disabled and unable to function independently.

- **8....Excruciating**: Due to the pain, you no longer think clearly; there is no joy in life, and you are willing to take painkillers or have surgery, no matter what the risks.
- **9....Intolerable or Unbearable**: You feel like you're going to pass out. You consider going to the emergency room.

Please indicate, on the figures below, the area(s) in which you are experiencing symptoms:



Also, please list your most painful areas and				
rate them using the 0-9 scale above (if you have				
more than 3 areas, list on the back of this form)				

(1)	
	Usual pain level during a normal day:
	Lowest pain level in past week:
	Highest pain level in past week:
	% of time at highest pain level:

(2)
Usual pain level during a normal day
Lowest pain level in past week:
Highest pain level in past week:
% of time at highest pain level:

(3)
Usual pain level during a normal day
Lowest pain level in past week:
Highest pain level in past week:
% of time at highest pain level:

What % of time are you free of pain? ____%

Patient name:	Date:	(PT: Initial Insurance Forms Page 3 of 9)

Backway's PT: Initial Appointment Questionnaire: Modified Oswestry Disability Questionnaire

This questionnaire helps us to understand how much your pain affects your ability to perform everyday activities. Please check **the one box in each section** that **most** clearly describes your problem **RIGHT NOW**.

SECTION 1: Overall Pain Intensity ☐ The pain is very mild and comes and goes. ☐ The pain is mild and does not vary much. ☐ The pain is moderate and comes and goes. ☐ The pain is moderate and does not vary much. ☐ The pain is severe and comes and goes. ☐ The pain is severe and comes and goes. ☐ The pain is severe and does not vary much.	SECTION 6: Standing ☐ I can stand as long as I want without pain. ☐ I can stand as long as I want but some pain develops. ☐ Pain prevents me from standing more than 1 hour. ☐ Pain prevents me from standing more than ½ hour. ☐ Pain prevents me from standing more than 10 minutes. ☐ I avoid standing because it increases my pain immediately.
 SECTION 2: Personal Care (washing, dressing, etc.) ☐ I do not have to change the way I wash and dress myself in order to avoid pain. ☐ I do not normally change the way I wash or dress myself even though it causes some pain. ☐ Washing and dressing increases my pain, but I can do it without changing my way of doing it. ☐ Washing and dressing increases my pain, and I find it 	SECTION 7: Sleeping ☐ I have no pain while in bed. ☐ I get pain in bed but it does not prevent me from sleeping well. ☐ Because of pain, I sleep only ¾ of my normal time. ☐ Because of pain, I sleep only ½ of my normal time. ☐ Because of pain, I sleep only ¼ of my normal time. ☐ Pain prevents me from sleeping at all.
necessary to change the way I do it. Because of the pain, I am partially unable to wash and dress without help. Because of the pain, I am completely unable to wash or dress without help.	 SECTION 8: Social Life / Recreation ☐ My social/recreation activities are normal and without pain. ☐ My social/recreation activities are normal, but increase the degree of pain. ☐ Pain has little effect on my social/recreation activities
SECTION 3: Lifting ☐ I can lift heavy weights without increased pain. ☐ I can lift heavy weights but it causes increased pain. ☐ Pain prevents me from lifting heavy weights off the floor but I can manage if they're conveniently positioned	except limiting more energetic interests, e.g. dancing, etc. ☐ Pain restricts my social/recreation activities and I do not go out very often. ☐ Pain restricts my social/recreation activities to my home. ☐ I have hardly any social/recreation life because of pain.
 (example: on a table, etc.). □ Pain prevents me from lifting heavy items. I can manage light-medium weights if they're conveniently positioned. □ I can only lift very light weights. □ I cannot lift or carry anything at all. 	SECTION 9: Traveling / Driving ☐ I can travel/drive without increased pain. ☐ I can travel/drive unrestricted, but it increases my pain. ☐ My pain restricts travel/drives of over 2 hours. ☐ My pain restricts my travel/drives of over 1 hour.
SECTION 4: Walking ☐ I have no pain when walking. ☐ I have some pain when walking but I can still walk my required normal distances.	 □ My pain restricts my travel/driving to short necessary journeys under ½ hour. □ Pain prevents all forms of travel except that done lying down, or for visits to the doctor, therapist or hospital.
☐ I cannot walk more than one mile without increasing pain. ☐ I cannot walk more than ½ mile without increasing pain. ☐ I cannot walk more than ¼ mile without increasing pain. ☐ I cannot walk at all without increasing pain.	SECTION 10: Employment / Homemaking ☐ My normal job/homemaking duties do not cause pain. ☐ My normal job/homemaking duties increase my pain, but I can still perform all that is required of me. ☐ I can perform most of my job/homemaking duties, but pain
SECTION 5: Sitting ☐ I can sit in any chair as long as I like without pain. ☐ I can sit only in my favorite chair as long as I like. ☐ Pain prevents me from sitting more than 1 hour. ☐ Pain prevents me from sitting more than ½ hour. ☐ Pain prevents me from sitting for more than 10 minutes. ☐ I avoid sitting because it increases pain immediately.	prevents me from performing more physically stressful activities like lifting, vacuuming, etc. ☐ Pain prevents me from doing anything but light duties. ☐ Pain prevents me from doing even light duties. ☐ Pain prevents me from performing any job or homemaking chores.
	(for therapist's use only) DI Score%

Patient name: ______ Date: ______ (PT: Initial Insurance Forms Page 4 of 9)

Backway's PT Initial Appointment Questionnaire: <u>Health History Questionnaire</u>

Please give names of <u>all</u> other Health Care Professionals you are seeing (Massage, Psychologist, Chiropractor, Acupuncture, etc.):						
"Substance" Use	Never	Rarely	Daily	Current use: how much?	Past use:	
Alcohol				drinks/day		nonths/yrs
Tobacco				packs/day		nonths/yrs
Recreational Drugs				Explain:		nonths/yrs
		_		F)
Please indicate if you no	ow have,	or in th	e past h	ad, any of the following (c	heck all that apply):	
Nervous System		Res	spirator	y System	Digestive & Eliminatory	
☐ Head / Brain Injury			Asthma		□ IBS	
☐ Stroke			Emphyse	ma or COPD	☐ Frequent Loose Stool	S
☐ TIA's		□ I	Pneumon	ia	☐ Frequent Constipation	ı
□ MS			Sinus sur	geries	☐ Discomfort following	meals
☐ Parkinson's			Deviated		☐ Hiatal Hernia	
☐ Peripheral Neuropathy			Allergies	_	☐ Disordered Eating	
Epilepsy / Seizure Diso	rder		ther Lun	g problems (list)	☐ Kidney Disease	
under of the other	ems (list)				☐ Liver Disease	
					☐ Urinary Incontinence	
Endocrine & Immune	System	Mu	Musculoskeletal & Connective		Traumas (please note	vear)
□ AIDS			sue Cor		☐ Whiplash	J
☐ HIV positive			Osteoarth		☐ Fractures / broken box	nes (list)
☐ Hepatitis A B C (circle)			Spinal St			,
☐ Diabetes Type 1 or 2 (circle)			Spondylo			
☐ Thyroid Imbalance				Disc Neck	☐ Dislocations	
☐ Low Blood Sugar			Herniated	Disc Low Back	☐ Ligament Tear	
☐ Cancer			☐ Osteoporosis or Osteopenia		☐ Meniscus Tear	
Please describe:			☐ Compression Fractures		☐ Bad Sprains (<i>list</i>)	
			☐ Stress Fracture			
			☐ Carpal Tunnel Syndrome			
Cardiac / Circulation	System		☐ Thoracic Outlet Syndrome			
☐ Heart Attack	-/		☐ Rheumatoid Arthritis		☐ Motor Vehicle Accident(s)	
☐ Angina or Chest Pain			☐ Lupus		1) When?	
☐ Irregular Heart Rhythm	1		☐ Gout		Driver Passenger P	
☐ Stents placed			☐ Fibromyalgia		Injured: Yes 🗆 No 🗖	
☐ Bypass Surgery			☐ Migraine		If yes, what	
☐ Heart Failure			☐ Frequent Headaches		2) When?	
Pacemaker or Defibrilla	ator		☐ TMJ		Driver Passenger	
☐ Aneurism			☐ Teeth Grinding		Injured: Yes No No	
☐ Blood Clot	ot		\Box Other: (<i>list</i>)		If yes, what	
☐ Bleeding / Bruising ten	dency				3) When?	
☐ Deep Vein Thrombosis	(DVT)				Driver Passenger D	
☐ Neck, arm, jaw or uppe	r back pa	in			Injured: Yes □ No □	
with exertion	_				If yes, what	
☐ High Blood Pressure	☐ High Blood Pressure			\Box Other: (<i>list</i>)		
☐ High Cholesterol						

Patient name: ______ Date: _____ (PT: Initial Insurance Forms Page 5 of 9)

Backway's PT: Health History continued

General Challenges	Surgeries Please list all surgical	Other Illnesses, Accidents &
☐ Falls. If yes, are they frequent	procedures with approximate dates or	Hospitalizations
(more than 2 in a year)?	your age at the time (include metal &	
Shortness of Breath	plastic implants, joint replacements,	List, if <u>not</u> included elsewhere:
	cosmetic & reconstructive surgeries, etc.)	
☐ on exertion ☐ lying flat	cosmetic & reconstructive surgeries, etc.)	
☐ Dizziness		
☐ Balance Disturbance		
☐ Anemia		
☐ Memory Loss		
☐ Hearing Loss		
☐ Vision Loss		
☐ Sleep Apnea		
☐ Insomnia		
☐ Unusual Fatigue		
☐ Alcoholism		
☐ Substance Abuse (current or in		
•		
recovery)		
☐ Clinical Depression		
☐ Mental or Emotional disorders or		
difficulties		
Please Explain:		
D1 1' (1 ' C)'	1. 1. 1	1.1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	on regarding your medical or he	altn nistory that you believe we
should know:		
Please look over this Initia	l Questionnaire form carefu	Ily & he sure it is complete
	~	-
S .	orrect information can be dangerous	•
Please Note: Your Therapist has the	right to dismiss from treatment any pa	itient who <u>intentionally</u> withholds
pertinent medical / health inf	ormation.	
I nank you for providing	g this information for us. Please reme	mber to immediately inform us of any
changes in your medical/health cond	lition during your course of treatment.	
		in insurance le contact information
	will tell us about your medications, you	
	give us permissions for billing, treatme	
and to indicate you understand how	your insurance, our billing, and the H	IPAA Privacy Act work.
Patient name:	Date:	_ (PT: Initial Insurance Forms Page 6 of 9)

Patient Name: Therapist notes: Is form complete? \square Yes, \square No. If no, reason not completed: \square Pt refused \square Emergency \square Pt cog unable (initials: **Medication or Supplement** counter, herbals, vitamins, minerals and dietary/nutritional supplements you take routinely, and/or on an as-needed basis. Please look at the labels on your medications & supplements; then list them below. This includes all prescription, over-the-Have you fallen in the past 12 months? \square Yes \square No Backway's Physical Therapy: Intake Form Dosage How many times/day? How many times? Is this taken by mouth or other route? Patient Medication List & Recent Fall History What condition is this for? Were you injured from falling? □Yes □ No "May cause Yes dizziness" label on it? No o No No No No No No page 7 of 9 Yes Does this you dizzy? med make

No No

No

No

No No No

No No

 $^{\circ}$

No

No

No

Date:

No

 $^{\circ}$ No No No

 $^{\circ}$

No No No

Backway's Physical Therapy, PLLC <u>AUTHORIZATIONS & CONSENTS FORM</u>

auth	norization. Requ	to revoke the following authorization uests to revoke any authorizations mu ***********	ist be made in writing	(please initial)
I to a c P	grant permission use my record nd publications, lient's identity. Physical Therapy Optional) Patie	sent for Use of Information for Pres n, now and in future, to Backway's Ph s, or those of my dependent, for other providing reasonable precautions and My signing of this authorization is no personnel. ent's/Guardian's Signature	nysical Therapy, or their ductions and for profesions and for profesions to taken to guard agains of a condition to receive tree.	ally appointed representative, ressional education, research st the disclosure of the eatment by Backway's
All A	Authorizations	below are Mandatory:		
auteval serv Phys	thorize the staff uation and treat ice; and I reque	release of information to Insurance of Backway's Physical Therapy to relement to my insurance company as needs that any payment of authorized insurance their business address, for all service red.	lease information acquired eded to determine the bene irance benefits be made on	in the course of my fits payable for the related my behalf to Backway's
com hat	pleted claim for I have signed th	"Signature on File:" I authorize the same to my insurance company using the his Authorizations Form. This one-time ces provided to me by Backway's Physical Strategies.	ne notation "signature on fi e signature is valid for clai	ile" to indicate
n po Then C on or m my h	erson regarding rapy to contact in Answering Masent for Mutually dependent, betweelthcare, or that	the appointments or evaluation results me and leave a message on (check all Machine Cell Phone the Backway's Physical Therapy state of my dependent, at any time (i.e. doctors).	s, I give permission to Bac that apply): or other locati rize the mutual exchange of i off members, and all profession, chiropractor, counselor, etc.	kway's Physical (initials) ion nformation regarding myself, onal practitioners involved in e). Your office may also talk
-		ner persons listed below about my health		(initials)
-	□ Spouse □ Child	Name:	phone#:	
-	□ Parent	Name:	phone#:	
	□ Other	Name:	phone#:	
}	□ Other	Name:	phone#:	
to evice ice ice ice ice ice ice ice ice ice	sent for Treativaluate and treatinsed personnel ase, which they be nique or form o	ment: I hereby authorize the profession me or my dependent. During the count Backway's Physical Therapy to use relieve will benefit me, in order to help f treatment, if I so choose.	rse of evaluation and treation and all techniques the p me recover. I have the rig	ment, I authorize the sy have been trained ght to refuse a specific (initials)
Patio	ent Privacy Not	Patient Privacy Notice: My signaturate. I consent to your use and disclosurable health care operations, and/or as required.	re of protected health infor	rmation about me for
≯ P	atient's/Guard	ian's Signature		Date
Patio	ent name:	Date	e: (PT: Initia	l Insurance Forms Page 8 of 9)

Backway's Physical Therapy, PLLC FINANCIAL, BILLING & OFFICE POLICIES

At Backway's PT, we are committed to assisting you, even with billing your insurance company. It is important that you realize **our relationship is with you**, *not* your insurance company. *Please* read these financial, billing and office policies to understand what we expect from you in this process; then sign below.

- **1. <u>Insurance:</u>** We participate with most insurance plans, but not all of them. Each insurance company has many different plans, so we cannot know exactly what <u>your</u> plan covers. Therefore, it is <u>your</u> responsibility to know your insurance benefits. If you don't know, please call your insurance company and ask: What are my benefits for Physical or Speech Therapy? What is my deductible & has any been met? What restrictions or limits apply to my care? What is not covered? What is my copayment amount or coinsurance percent?
- 2. <u>Insurance Verification:</u> As a courtesy, we call your insurance company to verify your insurance coverage. However, <u>all</u> insurance companies tell us the information they give us is "an estimate and is not a guarantee of coverage or benefits." Since your insurance company does not take responsibility for the information they provide to us, we cannot be sure of your coverage until they <u>actually process</u> your claim. *Because of this*, we cannot guarantee payment of claims by your insurance company.
- **3.** <u>You are responsible</u>. You are responsible for making sure your account is paid in full. Filing of all insurance claims, other than Medicare, is a <u>courtesy</u> provided by this office. We will assist you in any way we reasonably can to help get your claims paid. If your claim is reduced or denied by your insurance company, or you exceed your limits of coverage, you will be responsible for paying the balance on your account, up to your insurance company's normally allowed amount.
- **4. Non-covered & Disallowed services:** Many health insurance companies do not allow or pay for supplies & maintenance services. Additionally, unbeknownst to us, in some rare cases, a portion, or all of the services you receive may not be covered or may be considered "not reasonably necessary" by your insurance plan. Because of this, we will bill you, and you agree to pay for services and/or supplies which may be denied as "non-covered" by your insurance plan.
- 5. Payment is due at time of service.

★Cash, check & credit card payments accepted with an added fee for use of a credit card. **★**

Credit Card payments are accepted for \$50 or more, and are subject to an added \$5 PayPal fee.

You are responsible for paying your deductible, co-payment or coinsurance amount at the time of service. This arrangement is part of your contract with your insurance company.

If you do not have sufficient funds to pay at the time of the visit, we expect payment to be made within 10 days of the visit, whether or not you receive an invoice from us.

- * * If you have financial problems that affect your ability to make timely payment on your account, please discuss this with us before or at the time of service, so that you can make payment arrangements. * *
- **6. Overdue Accounts**: All overdue accounts are subject to late fees. Amounts billed to your insurance company are considered overdue 30 days after they <u>process</u> a specific service date (even if this processing did not result in payment for that service date). Liens start accruing fees 90 days after discharge from therapy.

Late fee tabulation:

Past Due Balance	\$20 - \$100	\$101 to \$750	\$751 to \$3000	Greater than \$3000
Monthly Late Fee	\$15	\$25	\$50	\$75

Returned check fee: A fee of \$25 is charged on all returned checks.

Collections: Returned checks and failure to pay account balances overdue for 90 days may result in our referring your account to an outside collection service.

- **7. Missed appointments:** this policy was already stated at the bottom of page 1.
- **8.** We may refuse service to a client under certain circumstances. Refusal is usually due to, but is not limited to: non-payment of past accounts; repeated missed/canceled appointments; inappropriate or belligerent behavior; and the therapists' opinion that our services won't benefit a client or aren't medically necessary.

I have read and understand the financial, billing & office policy information presented above.		
Signed	Date	
Patient Name:		(PT: Initial Insurance Forms Page 9 of 9)